

# SUBSTANCE USE DISORDERS SERVICES (550)

## 550-101 - Introduction to Problem Gambling 1

Provides an orientation to problem gambling as an addictive disorder. Explores the neurobiology and pharmacology of gambling addiction, risk factors and gambling addiction among diverse populations. Prepares students to evaluate and address the issues of clients with gambling disorders for treatment planning. This is the first in a two-course certificate preparing students to earn the International Certified Gambling Counselor (ICGC) credential.

3 Credit hours

54 Lecture hours

## 550-102 - Introduction to Problem Gambling 2

Provides an orientation to problem gambling as an addictive disorder. This is the second course in a two-course certificate preparing students to earn the International Certified Gambling Counselor (ICGC) credential. Introduction to Problem Gambling 2 explores the complex ethical issues in the treatment of gambling disorders, relapse prevention issues and strategies, discharge planning and continuing care, as well as an orientation to the requirements and process in seeking counselor certification to treat problem gamblers. (Prerequisite: 550-101 Introduction to Problem Gambling 1)

2 Credit hours

36 Lecture hours

## 550-106 - Physiological Complications and Psychopharmacology

Examines the physiological, neurophysiological and biological effects of alcohol and other drugs. Examines the theories regarding the etiology of substance use disorders. Examines the context of drugs and abuse in American culture. You will list the classes of drugs, distinguish the classification of drugs, identify signs and symptoms of abuse, and examine the diagnostic criteria for substance use disorders. An overview of treatment and prevention will be addressed.

3 Credit hours

54 Lecture hours

## 550-112 - Client Rights, Confidentiality and Ethics

Gives students the basis for formulating ethical decisions within the broad limits of professional codes and diverse theoretical positions in order to further the best interests of their clients. Introduces students to the current statutes, regulations and judicial decisions that govern the professional practice of substance use disorder counseling.

3 Credit hours

54 Lecture hours

## 550-121 - Introduction to Substance Abuse Treatment

Explores the core components of substance use disorder treatment including the history and development of treatment, treatment modalities, the continuum of care, treatment outcomes and elements of effective treatment. Students apply the theory, skills, knowledge and attitudes associated with the competencies in the practice dimensions and the 12 core functions of substance use disorder counseling. (Prerequisites: 550-112 Client Rights, Confidentiality and Ethics; 550-125 Counseling Skills and Practice. Completion of or concurrent enrollment in 550-106 Physiological Complications and Psychopharmacology)

4 Credit hours

72 Lecture hours

## 550-125 - Counseling Skills and Practice

Provides an introduction to basic counseling skills and allows students to practice basic counseling skills such as attending, paraphrasing, reflection of feelings, summarizing, probing, reflection of meaning, self-disclosure, immediacy, confrontation, information sharing, goal setting and implementing individualized plans.

3 Credit hours

36 Lecture hours

36 Lab hours

## 550-131 - Crisis Management

Develops the students' skills of identifying stressors in crisis situations and in developing and applying intervention techniques. Hands-on activities are designed to develop skills for intervening with crisis situations and determining referral to community resources. (Prerequisites: 550-112 Client Rights, Confidentiality and Ethics; 550-125 Counseling Skills and Practice)

2 Credit hours

36 Lecture hours

## 550-135 - Diversity in Counseling

Exposes students to unique and genuine characteristics of America's special populations. Provides strategies for working with clients from these populations. Examines the uniqueness of each population and the resources and services available. Designed so students improve their effectiveness as substance abuse counselors in attitudes, information and self-understanding of special populations. Students explore their own cultural backgrounds and develop the knowledge, skills and attitudes of cultural competence.

3 Credit hours

54 Lecture hours

## 550-140 - Counseling Theory and Practice

Integrates the theory and techniques of various psychotherapies with basic counseling skills, professional and ethical standards, and personal counseling style. Case studies, classroom discussions and simulated counseling experiences provide opportunities for students to apply counseling theory to simulated counseling experiences. (Prerequisites: Completion of or concurrent enrollment in 550-112 Client Rights, Confidentiality and Ethics; 550-125 Counseling Skills and Practice)

3 Credit hours

36 Lecture hours

36 Lab hours

## 550-141 - Group Facilitation

Provides participants with the skills and knowledge base for effective facilitation of groups. Actual opportunities to facilitate groups are also provided. Participants critique the group's progress and assess their effectiveness as leaders. Recommendations for skill refinement are given. (Prerequisites: 550-112 Client Rights, Confidentiality and Ethics; 550-125 Counseling Skills and Practice)

3 Credit hours

36 Lecture hours

36 Lab hours

## 550-142 - Introduction to Community Mental Health

Introduces the major diagnostic categories of mental illness, with a focus on the psychiatric management of these mental illnesses. Examines the unique treatment needs of people who have a coexisting psychiatric disorder with a substance use disorder. (Prerequisite: Completion of or concurrent enrollment in 550-106 Physiological Complications and Psychopharmacology)

3 Credit hours

54 Lecture hours

**550-150 - Family Systems**

Provides the skills needed to assess the nature of the family and how it functions as a system. Explores how systems are affected by internal and external influences such as abuse, family violence and alcohol/drug abuse. Prevention, assessment and intervention techniques are applied in the course.

3 Credit hours

54 Lecture hours

**550-155 - Substance Use Disorders Counseling Internship Seminar**

A seminar designed as a companion course to Substance Use Disorders Counseling Internship I (550-156). Relates theory and principles of practice to agency field-study experience. Students learn to develop effective professional relationships with staff; effective utilization of clinical supervision; understanding of the policies, procedures and culture of a treatment agency; develop therapeutic relationships with clients; develop strategies to optimize one's internship experience; and apply the values of confidentiality and client self-determination. Students learn how their values and personal experiences affect their work with clients and begin exploring their professional identity as a substance abuse counselor. (Prerequisites: 550-106 Physiological Complications and Psychopharmacology; 550-112 Client Rights, Confidentiality and Ethics; 550-121 Introduction to Substance Abuse Treatment; 550-125 Counseling Skills and Practice; 550-131 Crisis Management; 550-135 Diversity in Counseling; 550-140 Counseling Theory and Practice; 550-141 Group Facilitation; 550-142 Introduction to Community Mental Health; 550-150 Family Systems; 550-160 On-Campus Talk About Alcohol. Concurrent enrollment in 550-156 Substance Use Disorders Counseling Internship 1)

3 Credit hours

54 Lecture hours

**550-156 - Substance Use Disorders Counseling Internship 1**

Demonstrates substance abuse counseling skills in a clinical setting. Integrates skills learned in theoretical and practical coursework to provide students with skills to work with clients in hospitals, outpatient clinical agencies and substance abuse group homes. (Prerequisites: 550-106 Physiological Complications and Psychopharmacology; 550-112 Client Rights, Confidentiality and Ethics; 550-121 Introduction to Substance Abuse Treatment; 550-125 Counseling Skills and Practice; 550-131 Crisis Management; 550-135 Diversity in Counseling; 550-140 Counseling Theory and Practice; 550-141 Group Facilitation; 550-142 Introduction to Community Mental Health; 550-150 Family Systems; 550-160 On-Campus Talk About Alcohol. Concurrent enrollment in 550-155 Substance Use Disorders Counseling Internship Seminar; criminal background check)

4 Credit hours

18 Lecture hours

216 Other hours

**550-157 - Substance Use Disorders Counseling Internship 2**

Focuses on demonstrating competency in the 12 core functions and the 8 practice dimensions of substance use disorder counseling. Integrates knowledge and skills learned in theoretical and practical coursework to provide students with knowledge, skills and attitudes to provide treatment services to substance abuse clients in inpatient and/or outpatient clinical agencies, residential treatment facilities, substance abuse group homes and other clinical settings that treat substance use disorders. (Prerequisites: Completion of or concurrent enrollment in 550-156 Substance Use Disorders Counseling Internship 1. Must be taken in the final semester; criminal background check)

4 Credit hours

18 Lecture hours

216 Other hours

**550-160 - On-Campus Talk About Alcohol**

Reduces the risk of experiencing alcohol-related health and impairment problems at any point in life. To achieve this, the course has four behavior goals: (1) increase the incidence of abstinence, (2) delay the onset of the first use of alcohol, (3) reduce high-risk drinking among those who use alcohol, and (4) motivate those who may have alcohol/drug problems to seek assistance.

1 Credit hours

18 Lecture hours

**550-161 - Motivational Interviewing**

Provides an introduction on guiding principles, strategies and skills for incorporating motivational interviewing techniques in client-centered work with clients diagnosed with substance use disorders. Introduces the foundation, theories, skills, strategies and framework for implementing a strategic approach in motivating client change. Uses an experiential model of learning including lecture, demonstration, group discussion, case studies, simulation, small group interaction, and role plays to stimulate participant's engagement and learning. (Prerequisite: Completion of or concurrent enrollment in 550-121 Introduction to Substance Abuse Treatment)

3 Credit hours

54 Lecture hours