

# SUBSTANCE USE DISORDERS SERVICES (550)

**550-106 - Physiological Complications and Psychopharmacology**

Examines the physiological, neurophysiological and biological effects of alcohol and other drugs. Examines the theories regarding the etiology of substance use disorders. Examines the context of drugs and abuse in American culture. You will list the classes of drugs, distinguish the classification of drugs, identify signs and symptoms of abuse, and examine the diagnostic criteria for substance use disorders. An overview of treatment and prevention will be addressed.

3 Credit hours

54 Lecture hours

**550-112 - Client Rights, Confidentiality and Ethics**

Gives students the basis for formulating ethical decisions within the broad limits of professional codes and diverse theoretical positions in order to further the best interests of their clients. Introduces students to the current statutes, regulations and judicial decisions that govern the professional practice of substance use disorder counseling.

3 Credit hours

54 Lecture hours

**550-121 - Introduction to Substance Abuse Treatment**

Explores the core components of substance use disorder treatment including the history and development of treatment, treatment modalities, the continuum of care, treatment outcomes and elements of effective treatment. Students apply the theory, skills, knowledge and attitudes associated with the competencies in the practice dimensions and the 12 core functions of substance use disorder counseling. (Prerequisites: 550-112 Client Rights, Confidentiality and Ethics; 550-125 Counseling Skills and Practice. Completion of or concurrent enrollment in 550-106 Physiological Complications and Psychopharmacology)

4 Credit hours

72 Lecture hours

**550-125 - Counseling Skills and Practice**

Provides an introduction to basic counseling skills and allows students to practice basic counseling skills such as attending, paraphrasing, reflection of feelings, summarizing, probing, reflection of meaning, self-disclosure, immediacy, confrontation, information sharing, goal setting and implementing individualized plans.

3 Credit hours

36 Lecture hours

36 Lab hours

**550-131 - Crisis Management**

Develops the students' skills of identifying stressors in crisis situations and in developing and applying intervention techniques. Hands-on activities are designed to develop skills for intervening with crisis situations and determining referral to community resources. (Prerequisites: 550-112 Client Rights, Confidentiality and Ethics; 550-125 Counseling Skills and Practice)

2 Credit hours

36 Lecture hours

**550-135 - Diversity in Counseling**

Exposes students to unique and genuine characteristics of America's special populations. Provides strategies for working with clients from these populations. Examines the uniqueness of each population and the resources and services available. Designed so students improve their effectiveness as substance abuse counselors in attitudes, information and self-understanding of special populations. Students explore their own cultural backgrounds and develop the knowledge, skills and attitudes of cultural competence.

3 Credit hours

54 Lecture hours

**550-140 - Counseling Theory and Practice**

Integrates the theory and techniques of various psychotherapies with basic counseling skills, professional and ethical standards, and personal counseling style. Case studies, classroom discussions and simulated counseling experiences provide opportunities for students to apply counseling theory to simulated counseling experiences. (Prerequisites: Completion of or concurrent enrollment in 550-112 Client Rights, Confidentiality and Ethics; 550-125 Counseling Skills and Practice)

3 Credit hours

36 Lecture hours

36 Lab hours

**550-141 - Group Facilitation**

Provides participants with the skills and knowledge base for effective facilitation of groups. Actual opportunities to facilitate groups are also provided. Participants critique the group's progress and assess their effectiveness as leaders. Recommendations for skill refinement are given. (Prerequisites: 550-112 Client Rights, Confidentiality and Ethics; 550-125 Counseling Skills and Practice)

3 Credit hours

36 Lecture hours

36 Lab hours

**550-142 - Introduction to Community Mental Health**

Introduces the major diagnostic categories of mental illness, with a focus on the psychiatric management of these mental illnesses. Examines the unique treatment needs of people who have a coexisting psychiatric disorder with a substance use disorder. (Prerequisite: Completion of or concurrent enrollment in 550-106 Physiological Complications and Psychopharmacology)

3 Credit hours

54 Lecture hours

**550-150 - Family Systems**

Provides the skills needed to assess the nature of the family and how it functions as a system. Explores how systems are affected by internal and external influences such as abuse, family violence and alcohol/drug abuse. Prevention, assessment and intervention techniques are applied in the course.

3 Credit hours

54 Lecture hours

**550-155 - Substance Use Disorders Counseling Internship Seminar**

A seminar designed as a companion course to Substance Use Disorders Counseling Internship I (550-156). Relates theory and principles of practice to agency field-study experience. Students learn to develop effective professional relationships with staff; effective utilization of clinical supervision; understanding of the policies, procedures and culture of a treatment agency; develop therapeutic relationships with clients; develop strategies to optimize one's internship experience; and apply the values of confidentiality and client self-determination. Students learn how their values and personal experiences affect their work with clients and begin exploring their professional identity as a substance abuse counselor. (Prerequisites: 550-106 Physiological Complications and Psychopharmacology; 550-112 Client Rights, Confidentiality and Ethics; 550-121 Introduction to Substance Abuse Treatment; 550-125 Counseling Skills and Practice; 550-131 Crisis Management; 550-135 Diversity in Counseling; 550-140 Counseling Theory and Practice; 550-141 Group Facilitation; 550-142 Introduction to Community Mental Health; 550-150 Family Systems; 550-160 On-Campus Talk About Alcohol. Concurrent enrollment in 550-156 Substance Use Disorders Counseling Internship 1) 3 Credit hours  
54 Lecture hours

**550-156 - Substance Use Disorders Counseling Internship 1**

Demonstrates substance abuse counseling skills in a clinical setting. Integrates skills learned in theoretical and practical coursework to provide students with skills to work with clients in hospitals, outpatient clinical agencies and substance abuse group homes. (Prerequisites: 550-106 Physiological Complications and Psychopharmacology; 550-112 Client Rights, Confidentiality and Ethics; 550-121 Introduction to Substance Abuse Treatment; 550-125 Counseling Skills and Practice; 550-131 Crisis Management; 550-135 Diversity in Counseling; 550-140 Counseling Theory and Practice; 550-141 Group Facilitation; 550-142 Introduction to Community Mental Health; 550-150 Family Systems; 550-160 On-Campus Talk About Alcohol. Concurrent enrollment in 550-155 Substance Use Disorders Counseling Internship Seminar; criminal background check) 4 Credit hours  
18 Lecture hours  
216 Other hours

**550-157 - Substance Use Disorders Counseling Internship 2**

Focuses on demonstrating competency in the 12 core functions and the 8 practice dimensions of substance use disorder counseling. Integrates knowledge and skills learned in theoretical and practical coursework to provide students with knowledge, skills and attitudes to provide treatment services to substance abuse clients in inpatient and/or outpatient clinical agencies, residential treatment facilities, substance abuse group homes and other clinical settings that treat substance use disorders. (Prerequisites: Completion of or concurrent enrollment in 550-156 Substance Use Disorders Counseling Internship 1. Must be taken in the final semester; criminal background check) 4 Credit hours  
18 Lecture hours  
216 Other hours

**550-160 - On-Campus Talk About Alcohol**

Reduces the risk of experiencing alcohol-related health and impairment problems at any point in life. To achieve this, the course has four behavior goals: (1) increase the incidence of abstinence, (2) delay the onset of the first use of alcohol, (3) reduce high-risk drinking among those who use alcohol, and (4) motivate those who may have alcohol/drug problems to seek assistance. 1 Credit hours  
18 Lecture hours

**550-161 - Motivational Interviewing**

Provides an introduction on guiding principles, strategies and skills for incorporating motivational interviewing techniques in client-centered work with clients diagnosed with substance use disorders. Introduces the foundation, theories, skills, strategies and framework for implementing a strategic approach in motivating client change. Uses an experiential model of learning including lecture, demonstration, group discussion, case studies, simulation, small group interaction, and role plays to stimulate participant's engagement and learning. (Prerequisite: 550-206 Introduction to Interviewing and Counseling Skills) 3 Credit hours  
54 Lecture hours

**550-200 - Introduction to the SUDC Profession**

Explore characteristics that are incorporated into substance use counseling and practice. Determine personal values, beliefs, strengths and weaknesses. Analyze the eight practice dimensions used to effectively treat substance use disorders: Clinical Evaluation; Treatment Planning; Referral; Service Coordination; Counseling; Patient, Family and Community Education; Documentation; and Professional and Ethical Responsibilities. Evaluate legal and ethical issues surrounding substance use counseling. Evaluate Information about Wisconsin licensing for substance use counseling. 3 Credit hours  
54 Lecture hours

**550-201 - Understanding Substance Use**

Explore the bio-psych social dynamics of substance use. Examine treatment approaches, models, and screening criteria. Examine substances of abuse, history of SUDs, and their impact on the individual and society. 3 Credit hours  
54 Lecture hours

**550-202 - Foundations of Case Management**

Introduction to case management techniques and processes. Incorporates intake assessment techniques, service planning techniques, referral processes, coordination of care, and discharge processes determined by a multidisciplinary team approach. Includes client self-determination and autonomy. Incorporates clinical documentation requirements and processes. (Prerequisite: 550-200 Introduction to SUD Profession) 3 Credit hours  
54 Lecture hours

**550-203 - Overview of Mental Health Disorders**

Provides an overview to the history, diagnosis, treatment strategies, legal and ethical considerations, and documentation of mental health conditions. Focus is on understanding the mental health conditions that co-occur with substance use disorders. 3 Credit hours  
54 Lecture hours

**550-204 - Group Facilitation**

An introduction to theory and practice of group dynamics and processes. Includes ethical considerations, effective group leadership, and stages of group development. Also includes demonstration of group facilitation skills, clinical documentation, co-facilitation strategies, reflective practitioner techniques, and group formation. (Prerequisite: 550-206 Introduction to Interviewing and Counseling Skills)

3 Credit hours

36 Lecture hours

36 Lab hours

**550-205 - Counseling Theory**

Summarize the history of, and explore the primary concepts within, the major approaches to counseling. Explore the empirical foundations of each theory. Examine application of theories to counseling. Review specific techniques of each theoretical approach. Examine the role of the counselor within each theoretical approach. Explore the role of the counselor, the scope of practice, and the ethical implications in counseling.

3 Credit hours

54 Lecture hours

**550-206 - Introduction to Interviewing and Counseling Skills**

Analyze foundational skills in the counseling relationship. Analyze the stages of the helping processes and the roles professionals play in the processes. Analyze the importance of establishing therapeutic relationships. Apply basic counseling techniques. Apply interviewing and counseling skills through mock counseling sessions and personal experience reflections. Examine issues of boundaries and ethics.

3 Credit hours

36 Lecture hours

36 Lab hours

**550-207 - Psychopharmacology**

Overview of psychopharmacology including drug categorization history, drug categorization, and drug classification. Includes analysis of neurophysiology of the brain and endocrine system, effects of substances on the body, analysis of delivery systems, and analysis of medical aspects of SUDs. Also includes etiology of addiction, psychopharmacological aspects of withdrawal management, analysis of medications used to treat SUDs and mental health disorders, and SUD medical impacts on the body.

3 Credit hours

54 Lecture hours

**550-208 - SUDC Assessment, Diagnosis, and Treatment**

Explore the core components of substance use disorder treatment. Apply the core practice dimensions of Substance Use Disorder Counseling. Evaluate process for SUD clients for the purpose of developing treatment plans and documenting the treatment process.

3 Credit hours

54 Lecture hours

**550-209 - Family Systems**

Provides a broad understanding of family systems theory and practice relevant to the human services field. Focus is on evaluating the communication and interaction patterns and applying interventions and strategies.

3 Credit hours

54 Lecture hours

**550-210 - Boundaries and Ethics - Helping Professions**

Evaluate the ethical codes of the helping professions. Examine professional boundaries related to the helping professions. Incorporate ethical standards into decision making processes. Examine ethical considerations related to professional standards for the helping professions. Examine ethical considerations related to state and federal regulations for the helping professions. Examine the ethical considerations related to professional self-care.

3 Credit hours

54 Lecture hours

**550-211 - Clinical Experience I**

Immersive experience with an agency including supervised practice in the 12 core functions. Integrates the knowledge, theory, skills, and professional behaviors learned in the two previous semesters of coursework. Emphasis on gaining first-hand knowledge and refine previously acquired skills to gain a greater understanding of self and the helping professions. (Prerequisites: 550-200 Introduction to SUDC Profession; 550-201 Understanding Substance Abuse; 550-210 Boundaries and Ethics for the Helping Professions; 550-206 Introduction to Interviewing and Counseling Skills; 550-207 Psychopharmacology; 550-202 Foundations of Case Management; 550-204 Group Facilitation; 550-205 Counseling Theory; 550-208 SUDC Assessment, Diagnosis, and Treatment; and/or instructor approval)

3 Credit hours

216 Other hours

**550-212 - Clinical Experience II**

Immersion experience with an agency including supervised practice in the 12 core functions. Integrates the knowledge, theory, skills, and professional behaviors learned in previous courses and refined in Clinical I immersion experience. Emphasis on applying previously acquired knowledge and skills and gaining a greater understanding of self and the helping professions through first-hand experience. (Prerequisite: 550-211 Clinical I)

3 Credit hours

216 Other hours