

SUBSTANCE USE DISORDERS SERVICES (550)

550-161 - Motivational Interviewing

Provides an introduction on guiding principles, strategies and skills for incorporating motivational interviewing techniques in client-centered work with clients diagnosed with substance use disorders. Introduces the foundation, theories, skills, strategies and framework for implementing a strategic approach in motivating client change. Uses an experiential model of learning including lecture, demonstration, group discussion, case studies, simulation, small group interaction, and role plays to stimulate participant's engagement and learning. (Prerequisite: 550-206 Introduction to Interviewing and Counseling Skills)

3 Credit hours

54 Lecture hours

550-200 - Introduction to the SUDC Profession

Explore characteristics that are incorporated into substance use counseling and practice. Determine personal values, beliefs, strengths and weaknesses. Analyze the eight practice dimensions used to effectively treat substance use disorders: Clinical Evaluation; Treatment Planning; Referral; Service Coordination; Counseling; Patient, Family and Community Education; Documentation; and Professional and Ethical Responsibilities. Evaluate legal and ethical issues surrounding substance use counseling. Evaluate Information about Wisconsin licensing for substance use counseling.

3 Credit hours

54 Lecture hours

550-201 - Understanding Substance Use

Explore the bio-psych social dynamics of substance use. Examine treatment approaches, models, and screening criteria. Examine substances of abuse, history of SUDs, and their impact on the individual and society.

3 Credit hours

54 Lecture hours

550-202 - Foundations of Case Management

Introduction to case management techniques and processes. Incorporates intake assessment techniques, service planning techniques, referral processes, coordination of care, and discharge processes determined by a multidisciplinary team approach. Includes client self-determination and autonomy. Incorporates clinical documentation requirements and processes. (Prerequisite: 550-200 Introduction to SUD Profession)

3 Credit hours

54 Lecture hours

550-203 - Overview of Mental Health Disorders

Provides an overview to the history, diagnosis, treatment strategies, legal and ethical considerations, and documentation of mental health conditions. Focus is on understanding the mental health conditions that co-occur with substance use disorders.

3 Credit hours

54 Lecture hours

550-204 - Group Facilitation

An introduction to theory and practice of group dynamics and processes. Includes ethical considerations, effective group leadership, and stages of group development. Also includes demonstration of group facilitation skills, clinical documentation, co-facilitation strategies, reflective practitioner techniques, and group formation. (Prerequisite: 550-206 Introduction to Interviewing and Counseling Skills)

3 Credit hours

36 Lecture hours

36 Lab hours

550-205 - Counseling Theory

Summarize the history of, and explore the primary concepts within, the major approaches to counseling. Explore the empirical foundations of each theory. Examine application of theories to counseling. Review specific techniques of each theoretical approach. Examine the role of the counselor within each theoretical approach. Explore the role of the counselor, the scope of practice, and the ethical implications in counseling.

3 Credit hours

54 Lecture hours

550-206 - Introduction to Interviewing and Counseling Skills

Analyze foundational skills in the counseling relationship. Analyze the stages of the helping processes and the roles professionals play in the processes. Analyze the importance of establishing therapeutic relationships. Apply basic counseling techniques. Apply interviewing and counseling skills through mock counseling sessions and personal experience reflections. Examine issues of boundaries and ethics.

3 Credit hours

36 Lecture hours

36 Lab hours

550-207 - Psychopharmacology

Overview of psychopharmacology including drug categorization history, drug categorization, and drug classification. Includes analysis of neurophysiology of the brain and endocrine system, effects of substances on the body, analysis of delivery systems, and analysis of medical aspects of SUDs. Also includes etiology of addiction, psychopharmacological aspects of withdrawal management, analysis of medications used to treat SUDs and mental health disorders, and SUD medical impacts on the body.

3 Credit hours

54 Lecture hours

550-208 - SUDC Assessment, Diagnosis, and Treatment

Explore the core components of substance use disorder treatment. Apply the core practice dimensions of Substance Use Disorder Counseling. Evaluate process for SUD clients for the purpose of developing treatment plans and documenting the treatment process.

3 Credit hours

54 Lecture hours

550-209 - Family Systems

Provides a broad understanding of family systems theory and practice relevant to the human services field. Focus is on evaluating the communication and interaction patterns and applying interventions and strategies.

3 Credit hours

54 Lecture hours

550-210 - Boundaries and Ethics - Helping Professions

Evaluate the ethical codes of the helping professions. Examine professional boundaries related to the helping professions. Incorporate ethical standards into decision making processes. Examine ethical considerations related to professional standards for the helping professions. Examine ethical considerations related to state and federal regulations for the helping professions. Examine the ethical considerations related to professional self-care.

3 Credit hours

54 Lecture hours

550-211 - Clinical Experience I

Immersive experience with an agency including supervised practice in the 12 core functions. Integrates the knowledge, theory, skills, and professional behaviors learned in the two previous semesters of coursework. Emphasis on gaining first-hand knowledge and refine previously acquired skills to gain a greater understanding of self and the helping professions. (Prerequisites: 550-200 Introduction to SUDC Profession; 550-201 Understanding Substance Abuse; 550-210 Boundaries and Ethics for the Helping Professions; 550-206 Introduction to Interviewing and Counseling Skills; 550-207 Psychopharmacology; 550-202 Foundations of Case Management; 550-204 Group Facilitation; 550-205 Counseling Theory; 550-208 SUDC Assessment, Diagnosis, and Treatment; and/or instructor approval)

3 Credit hours

216 Other hours

550-212 - Clinical Experience II

Immersion experience with an agency including supervised practice in the 12 core functions. Integrates the knowledge, theory, skills, and professional behaviors learned in previous courses and refined in Clinical I immersion experience. Emphasis on applying previously acquired knowledge and skills and gaining a greater understanding of self and the helping professions through first-hand experience. (Prerequisite: 550-211 Clinical I)

3 Credit hours

216 Other hours